



## **Complete Confirmation of Natural Perfection Chapter Five: Lucid Clarity, Without Error or Mistake**

We all gather together here in the basic state of natural perfection. No possibility whatsoever of budging from that. A very important insight into our own condition, just as it is. Impossible for there ever to be imperfection in what is naturally perfect. All imperfection already naturally perfect, so no need to worry about it or be concerned. Always settled completely comfortably in its own right, self-freeing. This totally relaxed disposition that is of utter benefit in every single moment whatsoever, is the disposition of benefit of all. You understand that?

All of us try to live in a way that we can be of benefit to others. That's just natural to us. The impulse to be of benefit to others is very natural to us. Very often it's much more natural than the impulse to benefit ourselves. Often we don't know how to benefit ourselves really. So we seek hither and yon, looking for all kinds of ways to just settle down and have a little bit of happiness, moment to moment.

Once we're introduced to our fundamental condition, just as it is, that search is over. The search for feeling better is completely over. We know how to benefit ourselves moment to moment, and it's simple and straightforward. And when we know how to benefit ourselves moment to moment, we test that in our own experience. We see how that is, and then we know what works for everyone too, just from that. It's very simple. We all tick, tock, tick, tock in exactly the same way. There's real beauty in that. When we're completely released from wondering what to do about ourselves, then we become really useful, both to ourselves and to others. Isn't that amazing? That's a wondrous marvel, if I ever saw one.

We rest here in this utterly beneficial disposition, and receive teachings that require no thinking whatsoever. They're absorbed instinctively. How does this happen? We already know who we are—that's how it happens. When we hear a few simple words, when we're exposed to those words we've always wanted to hear, then *boom!* Just like that, very straightforward, no big deal.

"Lucid Clarity without Error or Mistake" is the title.

Lucid clarity fuels all perceptions, no matter what they are. Lucid clarity being pure, clear and ungraspable is completely without error or mistake in all perceptions whatsoever. No matter what the label used to describe what appears, there is no error or mistake. Right now, no matter what you're thinking, no matter what you're sensing, no matter what emotion you're having, no matter what you call your experience, whatever label you give it, is completely without error or mistake. Pure and clear, everything just as it is. Know your experience to be just like this. By instinctively recognizing your experience to be just like this, in every moment, you're released into your truly perfect intelligence, just as it is.

The perfect intelligence that is at the basis of every single perception has no need to worry about the perception. It's like sky releasing in sky, lucidly clear, nothing to hang onto. No matter what the name, it's just evidence of the dynamic energy of sky in sky. If we took an Exacto knife and carved out a piece of the sky, what would happen? Absolutely nothing. If we try to say that any particular perception has a certain kind of error and mistake in it due to its name, it's just like trying to extricate a piece of the sky from the sky. It's impossible. There's no way to ever separate out one thing from another. Know your own experience to be just like this.

We're all very simple. Human beings are very simple. Our experience is very simple. Everything flows along seamlessly in a continuous stream. Just because we've learned something other than that doesn't mean that it's been made into something other than that. No need to complicate everything by giving it all kinds of descriptions that bind you up in tension and confusion. Whose idea was that anyway? Certainly wasn't your own.

From the moment you're born—wailing and screaming, happy and giggling—however it is, you're spontaneous and free with no need to describe anything. When you were a baby you got along just fine living just like that, with no need to think up anything about what was going on. It took a lot of training to start thinking all those thoughts about what's going on, and then relating them to each

other. You weren't born saying, "How did I get into this mess?" literally and figuratively. You weren't wailing for some milk thinking, "Where the hell are those people who are supposed to be taking care of me?"

It took a long time to look at everything in terms of causal conditions, saying this is related to that, and then keeping it all in place. Have you ever seen a toddler? It's impossible for them to do that, absolutely impossible to relate everything to causes and conditions. It takes at least seven years of intensive training to even begin to cognitively grasp the boot camp of causes and conditions, and then to spend the rest of your life training in the same boot camp, well... No matter what kind of training you enter into, to try to make your basic state of natural perfection other than it is—it never changes; it is without error and mistake, lucidly clear.

No matter what you've learned about anything, it remains lucidly clear. No matter what you've learned about you, no matter what you've learned about others, no matter what you've learned about the world around you, it remains lucidly clear. This is the ultimate vantage, or ultimate intelligence, your natural state exactly as it is. If you want to understand yourself and you want to understand life, this is all you need. You don't need anything other than that. Instinctive recognition of your own natural state will take you through life easily and effortlessly. You'll always know exactly what to do and how to act. You know exactly how to contemplate your past and your future, by understanding the spontaneous self-release of the here and now. Nothing else is needed.

If you want to go to school and learn things, you'll be able to learn them well, and you'll be able to contribute very beneficially, because you'll see everything from a totally clear perspective. You won't be there trying to learn things all wrapped up in emotional knots and anxiety about everything that's going on. Has anyone ever felt that way in school? Well if you have, that's because you're normal.

**Everything arises in the basic state of natural perfection**, and there are no exceptions. There are no errors or mistakes in the basic state of natural perfection; no errors or mistakes ever.

**The thought that arises and the thinker are both points of view of the clear view of awareness.** It's impossible to have them one on top of the other. There's the thought of the thinker, and then there's the thought about the thought, and then there's the thought about the other thing, and then one thing after another, but it's all a spontaneous arising of the pure and clear view of

awareness. The view and points of view, very easy—that's all in every single moment, the view and points of view.

The labels don't make any difference at all. If you want to entertain yourself with labels and get lost in that world, then you enter into a dark realm of trying to figure it all out. "What's going on here?" Trying to put together your ten million-piece jigsaw puzzle of the clear blue sky—it's kind of hard to do, isn't it?

When you relax in your natural condition exactly as it is, *boom*, everything starts to make sense. Your eyes are wide open, your intellect perfectly clear, absolutely understanding the exact nature of everything. No matter what appears, there's perfect insight into the nature of phenomena. Not just the phenomena of the current moment, but all phenomena whatsoever are completely understood, absolutely understood in one flash instant of instinctive recognition. No longer is there any need to wonder about the nature of things. The nature of things is perfectly understood in instinctive recognition. The nature of everything, no matter what it is, is understood to be natural perfection.

**Conduct and the conductor are both points of view of the clear view of awareness.** Now have you ever thought of yourself as a conductor of your conduct? Have you ever seen the conductor up there conducting everything? Well, this is what we learn: that we have to conduct all our conduct. We've got to keep it all in line. We've got to keep everything in harmony, playing the right tune. If you're looking for the highest conduct, to be the best person you can be, it's in instinctive recognition of your basic state. This is the ultimate conduct, the highest conduct. This is how to be of greatest benefit to yourself and others. There's no greater conduct, no higher conduct than this. It's the zenith of all conduct. All conduct and the conductor too rest in the basic state of natural perfection.

**Right now look at your own naturally perfect condition, instinctively recognizing it again and again. Spontaneously continue on just like this.** Nothing to do, nothing whatsoever to do. No matter what appears, your conduct is pure and clear. Recognize this in your own experience. Be unafraid of your experience. What is meant is be unafraid of everything that appears. No matter what that thought is, no matter what that emotion is, no matter what that sensation is, no matter what that experience is, it all continues on in a seamless flow like sky in sky. Know your experience to be exactly like this and no other way.

This is really how to have a good life. There are many young people here. And then there are the old fogeys too like me and a few

others, but we can definitely say that we're all in the right place here. Instinctive recognition of the basic state—that's being in the right place at the right time. That's applying the right skilful means in the right time and place—the instinctive recognition of your basic state. Otherwise, there'll be all kinds of befuddlement about everything that happens. You'll be constantly befuddled. "What does that mean? What does this mean? What did she mean when she looked at me like that? Ooh, did I do something wrong, or did I do something right. How can I get them to respond to me in the right way?" Oh my gosh! Really a difficult way to live, huh?

By the power of instinctive recognition of your own basic state of natural perfection, everything flows along. All those old buttons that used to get pushed all the time, they're no longer pushed any more. You recognize your own nature, just as it is, and this situates you in indestructibility. Your responsiveness is well settled in to the basic state of natural perfection. It's no longer zinging around here and there, based on labels, based on other people and how they're being. You're completely beyond all people, places and things, including yourself and all ideas about yourself. The comprehensive order of the basic state of natural perfection includes everything seamlessly. So, there's nothing to worry about!

This is the best way to support yourself. There isn't anything else that even comes close. You're the only one who has to live with you. That's really the way it is. You're the only one who has to live with you. There's no one else who can live you. Now that's pretty obvious, isn't it, but maybe you've never heard it before. Whatever your experience is it is, and it is without error and mistake. Every experience is the serving up of natural perfection. Understand all your conduct to be just like this. No matter how wild and crazy the thinking gets, or the emotions or the sensations or whatever it might be, it all rests in the indestructibility of your own natural perfection.

You don't have to remember anything for this; that's why it's called instinctive recognition. It doesn't require any thought or reason. It's just absolutely obviously so in every single moment of perception. It can't be any other way. So just this—continue on in this stream of natural perfection. No matter what appears, give yourself this irrevocably. Moment to moment, that's all that's required. What could be easier? What could be easier than moment to moment? When awareness is instinctively realized, initially it's quite a boon. *Wow!* Never felt so good; this is really great. Depending on who you are, it could just continue on forever, from that moment on. There's no need for it to be any other way, since it already is that way.

If you want to have a lot of energy for all the tasks you've committed yourself to, all the things you've gotten yourself into from all this learning and connecting, wow, we really get ourselves into some trouble there, don't we? Some of the choices we make are really something! By the power of instinctive recognition of our own condition, we know how to handle all these commitments we've made. Rather than being a source of trouble and concern, we can settle in to them being a source of joy and contentment, no matter what they are.

If you're here, it means you're very fierce. That's right. The disposition of natural perfection is filled with wrath and ferocity—wrath and ferocity that are completely inseparable from peace. They're not two different things. They've never been separated out from one another. Instinctive recognition of your own condition is a completely wrathful disposition. You directly encounter everything from that totally lucid space without error or mistake.

**When you look upward into the space of the sky, and when you look inward inside yourself, as there exists no thinker who has thoughts by thinking them, then your own naked awareness is lucidly clear without any thought that appears.**

If there were a thought in there somewhere, then you'd be able to show it to us all. Come on, show us your thoughts right now, where are they? Grab hold of one and throw it up in the air. Oh well, so much for those thoughts, huh? Now the emotions too, they're just like this. No matter what the labels, all the views or points of view of lucidly clear awareness, the points of view of lucidly clear, natural perfection, there's nothing special or unique going on anywhere.

**The clarity of your own intrinsic awareness is perfectly pure, and thus thoughts and the thinker, conduct and the conductor, are like sky pouring into sky. Even though this clarity cannot be said to possess a particular shape or form; nevertheless, it is fully known to be the basis of all experience. Instinctive recognition of this is crucial.**

Instinctive recognition of your own condition, just as it is, doesn't have a bunch of words attached to it. Yet it is the source of all lucidly clear words. If you want to be clear in what you're talking about and what you're communicating to others and what you're writing in your efforts throughout life, that lucid clarity comes from instinctive recognition, nowhere else. It makes everything very simple, very terse, very clear, very straightforward. There's no way to learn that. It's already built in, hardwired and engineered into you—perfect clarity, fearless clarity in all circumstances. Nothing else is needed.

**Self-originated clarity, which is spontaneously present, is equal to the basic state of natural perfection.** There's no way to get rid of clarity, no way whatsoever. It is without error or mistake. Even in error and mistake it is lucidly clear. Test this in your own experience and see if it's like that or not. The next time you feel you blow it you're resting naturally all the while through it. This is the way to see what you're really made of, what you're really, really, really made of. It doesn't mean you try to control your behavior in a certain way. The only possibility of overcoming all negativity whatsoever, all harmful actions is to exhaust them in natural perfection. And what that necessarily implies is that you catch yourself in the act, if you know what I mean. Your hands in the cookie jar when it isn't supposed to be! So it's kind of amusing. Very practical.

Faults are exhausted and qualities perfected in instinctive recognition. Not by trying to get rid of certain conduct, or certain thoughts, or certain emotions. So you see this is very simple and baffling. After all those decades of doing, trying to pretty up all those faults - give them some Chanel shoes and little Gucci bag to wear. Try to make them look a little better. Faults are exhausted and qualities perfected in instinctive recognition. No other way. No other way possible.

**This self originated natural perfection has not been created by anything. As it does not begin, it cannot come to an end. It is indestructible.** When you look at your name, think indestructible. That's what this implies. This is your real name, indestructible. You see that's a natural attribute that's already built in to every single moment of perception. Indestructibility is built in to every single moment of perception, no matter what it contains. Everything continues on in a seamless flow, an indivisible flow of indestructibility. This is the nature of all perceptions. This is the nature of all labels, all your behavior, everything else. It all rests in indestructibility.

**Although it is present in all negative descriptions, it has come to no harm!** Now if all these negative descriptions really did pack such a wallop, then they'd have to harm something wouldn't they? They'd have to harm something about you. Just think about all the negative things you've ever done. Try to think of them right now - all your negative thoughts, all your negative emotions, a life time of those. It's impossible to keep from harming others, no matter how much we try. Being harmed or not is a product of perception, so one person might not feel harmed and then another person would. So do you see what I mean? The only way to enter in

to the completely non-harming disposition is by instinctive recognition. It's naturally indestructible and without harm.

Nothing whatsoever that appears can harm natural perfection. Even though it turns everything we learned about life upside down, it's never budged for an instant. Even though we learn so many things about ourselves that seem to cause so much pain and misery, your own fundamental condition has never been harmed an iota. Not an iota. In instinctively recognizing your own condition, just as it is, you sail along in indestructibility. This is the way it is for you and everyone else. It's just like this, no other way. It can never be any other way.

**It is the native condition of every thing just as it is. There is no well-being or benefit to attain elsewhere.** Again, very simple. All our projects of looking for well-being, of looking of ways to benefit ourselves, always right here, always very natural, no big deal, accessible to everyone, just like that. Impossible to ever escape it. No need to complicate things any further.

**Immediate basic awareness is insubstantial and lucidly clear: Just this is the zenith of all views.** There's nothing else to say, you see? It's just the same thing, over and over and over and over again. All these discussions about everything really quiet down in instinctive recognition. All the sitting around and talking about problems, the psychology of things, what mummy and daddy did to make things the way they are now for you as an adult. All of it that seemed so important and so real, so solid and so hard, where is it now? The whole story about everything, - sky in sky.

**It is all-encompassing, free of everything, and without any conceptions whatsoever: It is pure, clear and ungraspable.** This is driving the point home, again and again. Completely confirming to yourself exactly who you are. No need to get rid of any words or anything at all.

One of the contrivances sometimes associated with awareness is never using personal pronouns. 'I', 'me' and 'mine' do not go in awareness. Sounds like some of you might recognize that. Maybe you've even done that. Well, guess what? Everything is included, perfectly natural, straightforward and free. Whatever needs to be said is said. Whatever doesn't need to be said isn't said. Whatever you do you do, without any effort. Without anything needing to be done, everything flows along in natural perfection.

**Just this is the highest conduct. Without being sought after, it is spontaneously self-perfected from the very beginning:**

**Its lucid clarity is without error or mistake.** How many here have tried to shape yourself into a perfect conductor of conduct? So now you know. Perfect conduct is very simple. By the skillful means of instinctive recognition, no matter what comes up, you're straightforward and carefree in your indestructible basic state. This is the highest conduct. So there's no need to have any question about it any more. When you're trying to think of what to do, or how to act, or what decision to make, or whatever it is, allow that to flow spontaneously from your own lucid clarity, and from your totally straightforward recognition of that as your only identity, your only identity. Lucid clarity informs every kind of characteristic you think you have. Just this flows along without any effort, from the moment of birth to the moment of death, and beyond both.

**Right now look at yourself and see that you are just like that.** The lucidly clear basic state is without error or mistake. Whatever is, is.

**Past, present and future are indivisible in unchanging natural perfection.** All the stories about the past, the projections out into the future, all of the descriptions of what's going on now, all an indivisible flow of natural perfection. That's the basis, the fundament, of everything that goes on. So if you really want to understand yourself and your story, whatever it is, then that's the one to understand. This is how to support yourself totally, no matter what comes about. Anything can come about at any time.

We're sitting here comfortably in the middle of nowhere really, in Sweden. It's so pleasant here. I could stay here for ever. It's really very pleasant. Being with all of you, wow, what more could one want. Yet, you know, at any time anything could happen. Russia's nearby, China too, the whole government of Sweden could change by tomorrow. I mean this has really happened before, many, many times in the course of human history. We never know what's going to happen. So it's really good to know what we can count on.

Now about ten years ago, or even five years ago, I used to say, "Well, you could wake up one morning and your bank account could be empty." And everyone would sit there and say, "Well that would never happen." Well guess what? It's happened to a lot of people now. We never know what's going to happen. We can't predict. And then in our personal lives we have all of these attachments to other people. But anything could happen there too. Here today, gone tomorrow. It's just the way it is. This is clear thinking, clear thinking. In instinctive recognition of your own basic state, unafraid, fearless, unflinching, able to look at everything as it is. Look at the human condition. Anything could happen! So you better get down

with what's real about yourself. Right here. And continue on just like that. Then you'll be prepared for anything, no matter what it is.

**Sky-like awareness is indestructible in all labels. Right now, dear friends, look at your own experience to see that it is just like that.** Sky-like awareness, sky-like natural perfection, infusing everything from within. Now knows. No Grim Reaper anywhere in sight. Do you know what the Grim Reaper is That's the ghost with the shroud and the sickle. It's coming to get you. All the thoughts, emotions and experiences that you're afraid of - that's the Grim Reaper. That's the symbol for that, see?

From within all experience your own lucid clarity shines brightly. Lucid clarity isn't one thing and experience another. They're inseparable. Awareness and appearances are inseparable. Lucid clarity and awareness and whatever appears are inseparable. The here-and-now, just exactly as it is, is imbued with lucid clarity from within. Not a knower knowing something. Now knowing itself. Just this, continue on just like this.

**Since everything that is labeled as a distraction is an open sky of lucid clarity, pure and ungraspable, there is no fuss to make about appearances.** How many have said "Oh awareness. I remember that but now I'm distracted. I'm not recognizing it now. Nope. No way. Where did it go?" It'd be impossible to even utter the words or think the thought without it. So this is the point about distraction. In distraction there is no distraction. In thought there is no thought. In emotion there is no emotion. In experience there is no experience. Everything like sky pouring into sky without any effort, without anything needing to be done.

**Just as sky is already liberated in sky, distraction is already liberated in natural perfection, in the moment of its arising.** Sky in sky, natural perfection in natural perfection.

**When distraction arises, it is luminously brilliant, without effort or mistake, so spontaneously continue on just like this without any effort, without anything needing to be done.**