



Grounded in Awareness Signs of Accomplishment 3

By short moments many times, what we guarantee ourselves is that we enter into uncontrived naturalness. And that uncontrived naturalness of awareness is synonymous with wisdom, true wisdom. And true wisdom is a power; it's a power that is innate in every single human being, and it's a power that's innate to everything that appears, no matter how great it is or how small. And that wisdom expresses itself in us as our body, our speech, our mind, our qualities and activities. So, wisdom isn't a thing, just like awareness isn't a thing.

Wisdom is a natural expression of gaining confidence in awareness. That's what it is. And as we gain confidence in awareness, just very naturally and spontaneously our mental states, our emotional states, our physical states and the qualities and activities of our life become infused with wisdom.

And so the way we used to think about things isn't the way we think about things anymore, and the way we relate to our emotional states is not the way we related to our emotional states before. The qualities and activities of our life are not the qualities and activities that we had prior to gaining confidence in awareness. And, we don't have to do anything to make this come about; it's naturally occurring. Short moments, many times; that's it; that's the single practice. We don't

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have to try to get anything. Short moments, many times will give us everything. It's the wish-fulfilling gem. It will give us everything we want. So if we want to know how to act powerfully in the world, how do we learn to act powerfully in the world? Short moments, many times, that's the only way.

Without that we'll just be flying around without any wisdom. That's all. And you know we won't be able to help ourselves from having emotional reactions and having all kinds of wild and crazy thoughts that will lead us off in who knows how many directions, but if we just give ourselves some time to get grounded in wisdom, in the wisdom of awareness, and grounded in that confidence that is unshakable and unmovable, then we are okay. We are going to be okay. We're not going to have to wonder what to do, because we'll always know what to do.

So think of it this way: you can see in all directions at once. You can see everything that's occurring, whether it's within your physical space or not. And so you can see not only everything that's occurring, but also how it's going to pan out. Awareness is timeless, so not only can you see what's occurring now, but you can also see how certain things will lead to other things if they continue to go that way. And, from that perspective, then you're much more powerful. Not only that, but from the wisdom of awareness you're no longer bound within conventional constructs.

So say you are an environmentalist or a doctor, an engineer or a bread-baker or whatever you happen to be, you'll have an entirely different perspective than that of an ordinary person going about those tasks, no matter how brilliant that ordinary person might be.

Once there is no cage of conventional intellectual speculation about how to solve problems, then it opens up all kinds of new ways of looking at problems, no matter what they might be.