



Clarity-BOOM! 11_11_10

Clarity—BOOM! It's not a passive state of renunciation, cut off from all of society. Clarity—BOOM—alive and well in every thought, emotion, action, sensation. This is why it is referred to in this text as "the inalienable human right." It is the right of every human to have clarity education. It is the right of every human to be empowered with the clarity view. It is the right of every human to recognize the power of their body, speech, mind qualities and activities when imbued with clarity potency. This is a right that can never be taken away. It is a territory that cannot be transgressed by anyone or anything.

What I'm speaking about is your very own clarity. No matter what kind of situation you're in, no matter where you go, clarity is there fierce and potent. I know people who have been in all kinds of situations, as I have myself, and I know that in those situations clarity is naturally present—the more difficult the situation, the more vivid the clarity. This is exactly my own experience, and it is the experience of many others as well, including all of you.

Recognizing clarity and sharing clarity recognition with others and letting people know the clarity view is where it's at. The clarity view is the inalienable right of everyone. No one can take it away. If you're looking for your identity, if you're looking for your potency or your power to live, if you're looking for something to tell you what to do or how to do it, that is in the clarity view—the ultimate friend pervading everything.

By the power of the clarity view, all thoughts, emotions, sensations and other experiences become wondrous—instead of the object of suspicion or dread. We no longer need to rely on the high of certain

www.balancedview.com

November 2010

thoughts, emotions, sensations or other experiences. The clarity high, so to speak, is always on. It is not an altered state; rather, point of viewing is the altered state. It's a bad trip.

In clarity, regardless of being overwhelmed with many points of view, such as bliss, upset, insight, extremely afflictive states, it is fine. With thoughts, emotions, sensations or other experience—at all times and in all circumstances—there is recognition of the clarity view shining from within the point of view.

The clarity view and points of view brightly and inseparably superimpose like a rainbow in space. Recognize potent clarity, the power source of illuminated body, speech, mind, beneficial qualities and activities. Again and again the potency of clarity is recognized. The potency of clarity resolves and then outshines all states, no matter what they may be—the points of view that have caused so much trouble, that have required so much micromanagement. Suddenly, rather than being ambivalent about them or just downright hating them, we lighten up on the points of view. We see increasingly that the here-and-now is simply as it is—clarity pervading it as it is.

There isn't anything to change, to shake or to seek. In the clarity view everything is stable. In an instant of clarity we can guarantee ourselves complete mental and emotional stability—100% mental and emotional stability for that instant. Even if that's all we have in us—one instant—that's enough, that's plenty. By this recognition repeated, just in short moments many times, it glows more and more obvious. Glowing knowing. Wherever the thought goes, clarity is. Whatever is thought about, clarity is.

Think about your home right now and whatever is there. Where your bed is, where your clothes are, your bathroom with all your little toilet trees and things, the kitchen if you have one with some things in there. Maybe you have a car, maybe you don't; you may have a bicycle or a skateboard, I don't know. But wherever you go, clarity goes, glowing knowing

These are highly representative of our own potency in every single moment. We're not at the whim of our points of view; they aren't some kind of annoying invader. Any idea that they are is a mistake. By relying on clarity, the clarity view potentiates whatever the point of view is. If we are 100% committed, we can be assured that we will move from looking at points of view as enemies to looking at them as allies or friends. We will make that step, and less and less will the points of view be a problem.

www.balancedview.com

November 2010

Initially “the clarity view” and “the points of view” are a little bit like a cat watching a mouse. The cat watches the mouse and tries to get it and the mouse scurries away. Without even doing anything at all except simply relying on clarity, we get to the point where the points of view are self-releasing. We don't have to be so hyper-vigilant anymore like the cat watching the mouse. The inseparability of the points of view from the view starts to take hold.

The clarity view lightens up because we go from really intense micro-management, where all of our energy was poured into this activity of trying to control our thoughts, our emotions, sensations or other experience—trying to get certain kinds of thoughts, emotions and experiences so we can feel okay. This shift to being like a cat watching a mouse is a huge one; however, even that is fleeting. It lightens up and we start to see that even when points of view come up that we may have dreaded and feared, they self-release. This is another momentous occasion: the recognition of the self-release of points of view. And this is the initial instinctive recognition of their inseparability.

At first we may hear “inseparability” and “the view” and all of that, and we may not really know what it is. But in our own experience we come to know what it is, and no words are required, no thought or reason is required to uphold that recognition. It is instinctive, absolutely instinctive, and this is a total boon. The points of view are like a mist evaporating in the air or like a snake that automatically uncoils itself. No thought is required; there is spontaneous recognition, the spontaneous self-release of the here-and-now.