



Introduction to Open Intelligence

It's good to really see how simple we keep it in Balanced View. The simplicity that we discover in our own experience then is the platform to integrate all of the complexity that always felt overwhelming—"overwhelming" for most of us anyway. The simplicity that we can always go back to is that, in each moment of our own experience, there is open intelligence and there is data. You can reduce all of your experience always to this simplicity. There's open intelligence—the power to know—and then whatever there is being known at that specific moment of the here-and-now—the datum that appears as open intelligence. So whatever the datum is that appears, whatever the data stream presents us, it always is outshone already by open intelligence which makes the data stream known to us.

Whatever we've been looking for in the data stream by picking some data, preferring them over others, accumulating positive data streams—all of this complete well-being, insight into what to do in a specific moment, complete harmonious and empowered relationships with everyone—we find that all of this is the most natural state of being human. The open intelligence that makes all the data known also has the power to assimilate us as human beings completely to this incredible power and potency we see everywhere in nature, where everything just works without thinking. Everything just works as part of a seamless expanse of complete connection.

We as human beings aren't separate from that; that's what we discover in the Balanced View training. We thought that we were a closed system and that we somehow depend on the content of these data streams to take some of them into our system and get others out of our system. So, we spend our whole lives reifying these data streams, getting some in, some out, some in, some out. We're just like a sorting mechanism, a computer just sorting data from left to right, from right to left and spending our whole life not even recognizing the open intelligence that is involved in all of this. In just a short moment, when we stop thinking, we see there is this open intelligence—bare, alert cognizance, and you can always do that, regardless of what the data stream presents. You can always have this short moment of calibrating and touching in with that open intelligence at the basis, and increasingly we see that the data streams are inseparable from that open intelligence that we identify in this short moment.

So, the short moments of open intelligence are only needed initially to gain familiarity with open intelligence. It's not that from then on we need to walk around all day long thinking about short moments and open intelligence. Open intelligence has always been present at the basis of all our data streams, but it went unnoticed. So the entire training platform really just familiarizes us with what has always been present. Then we become familiar with it; we gain increasing confidence in it and we gain assurance in it until we are so certain about its natural presence—its obvious lucidity in our own experience—that we never even think about it anymore. Just because it's so natural; you don't think about your name. Or you don't need to take short moments to know that you exist as a human being; you just know! In the same way we get to know ourselves as this expansive, always beneficial open intelligence.

Short moments repeated many times do become continuous. The direct assurance in open intelligence becomes the natural state in all relationships—the relationship with ourselves, the relationship with all of our data streams, the relationship with other people's data streams. Where there used to be hope and fear, what's really left is complete trust that everything that appears as the data stream is just the dynamic energy of this open intelligence. It's not something we need to micromanage, just like we don't need to micromanage anything that is going on out there in nature in order for it to be part of nature. Everything about us is completely saturated with nature's intelligence; everything in your body is functioning without you doing anything. In the same way, our thoughts and emotions just do whatever they do,

and we don't need to control them in any way. We just had learned that that's what we need to do, that that's what our responsibility is.

Then over time, as we settle into this open intelligence, we see that the greatest responsibility we have (if you look at that word: the ability to respond) is to rest in our power of great benefit that is innate in open intelligence. Then we can respond to whatever arises in a very flexible and responsive way. When we reify data streams, all we know is what we have learned. "This is this data stream, so then I need to respond with this," so we're in this sorting mode. In open intelligence, there is complete responsiveness, so we have the flexibility to respond in a way that is always appropriate. We are not limited any longer by these reified and substantialized data streams that we took to be ultimate knowledge. We still have all of this knowledge available, but we're not imprisoned by it; we have it at our disposal.

The Balanced View Training—the Four Mainstays—are a platform to gain complete assurance in this. There is always a trainer who is just an email away, or just the next tele-training away. Then there are people just like all of you here in the room who get to know each other so well that even after a week you think you've known each other all your life. So, with having a global community and a network of people on all continents—over 170 countries—wherever you go, there is someone there who speaks open intelligence, rather than only seeing their data streams. There is also the technology: online tools like Facebook and all of the platforms that we have on our websites and the tele-conferencing. You can always connect on the web site, and we have the 24/7 Live Support now, where night and day someone who has completed the Twelve Empowerments can log in and immediately speak to a trainer. It's amazing that this really can be offered now by the people just for each other, to support each other in this way.

What I saw in my own experience was that I cannot blame the system any longer. It's really completely up to me whether I take full advantage of that or not. That's so empowering. We really claim our power to give ourselves what we've always wanted to but looked for outside of us. The power we've given away either to loved ones or to family or to our own past or to institutions, we see really that we have the power within us for complete mental and emotional stability, insight into whatever situation it is. The problem-solving algorithm has been for most of us to just look at the data, sort the data, get to better data, while the real problem-solving algorithm is hardwired into our mind. Just relax as this open intelligence that's at the basis of the data stream, and solutions appear naturally. Not in some kind of

obscure, esoteric way. The best way really is to test it; to just test it in daily life. That's how we gain assurance, because the results speak for themselves. If you had to believe that by a thousand short moments, *then* the first solution will come, then there might be a lot of doubt there. But when you see from the first short moment that open intelligence feels much better than reifying the data stream, then trust can grow even with increasingly more and more challenging situations. We can remember first of all and then trust that the short moment of open intelligence is a much better tool to respond to daily life than anything else could be.

This is really the basis of all of the Four Mainstays: the trainer, the training, the community and the short moments of open intelligence. The short moments of open intelligence are the practice, but they are also the demonstration and the result. The practice, the demonstration and the result *are* open intelligence. We're not creating something anew; we just see clearly, we uncover, we discover, we recognize what has always been the case.

This is very different from trying to accumulate open intelligence or from cultivating open intelligence. We just discover our natural state; that's why it's so easy, and that's why we can give a one hundred percent all-your-money-back guarantee! It's even so guaranteed that we don't ask for money! You can just give contributions, and we know that everybody who settles into open intelligence, what's unleashed with that is complete generosity, not only of heart and mind but also to share resources to make this available to everyone.

We know by everyone settling into the open intelligence platform everything is ensured. So everything—all our community structures, all our business structures, the way we organize community worldwide—is not merely a means that will lead to some kind of end somewhere down the line. We embed the principles of open intelligence into every piece of code, literally and figuratively. It really is our high level architecture for whatever we're doing; whether it's building a website, building a center or just having a communication with a participant. The high level architecture for everything is always the open intelligence platform. That always spawns solutions that are just totally amazing.

So, the simplicity that I started off with of "open intelligence and data being inseparable" is really the key to life. If you only know that, if that was the only piece of knowledge that we ever learned, we would

know everything we needed to know to get all other knowledge we needed to get in every other moment.

What is a human being? That's just this great mystery that we've had. It's so easy that we're at the coincidence—the juncture—of data and open intelligence; that's all we are! We are the incredible manifestation of open intelligence, where open intelligence gets to know itself. Knowing that just gives everything such a different perspective. Rather than needing to only look at the data and micromanage data and seeing that as my job, as in, "That's why I was born: to be the best manager of my data stream," to really see that we were engineered for perceptual openness and to just enjoy everything. "Enjoying your afflictive states" might initially look a little strange, but by the power of open intelligence and the other Mainstays, this is really what happens.

All the afflictive states first become an incredible connection with all human beings, where we can just see, "Wow, at least 100 million people at this very moment feel exactly like I do!" That gives *such* a different perspective. Then we see that when I can have complete stability in the face of that afflictive state, then all these other 100 million people could too. There is nothing special about us; we are all just this walking juncture of open intelligence and data, and every other human being is exactly alike in this fundamental way. When the system of being human is reduced to this simplicity, we can see how everyone is exactly alike. Exactly alike. The content of the data stream varies a little bit, but the basic nature is exactly the same.

We have this connection, compassion or altruism, however you would call it, where we feel others deeply, just because we can feel ourselves deeply. So, all the questions about how to relate really can come from this space of complete openness. We were engineered for this openness and just have trained to see ourselves as this closed system. When we see that we actually are this open system that is always in connection with everything else, it is impossible to shut our senses down and not have that open relation with everything. Then we see it's really most natural; there is nothing we need to be afraid of. I don't know anyone who got harmed by their thoughts or emotions—we just thought we were. If you look for them, you cannot even find them a minute after you thought them or you felt them; they just leave without a trace. We really see that that complete stability is also the key for everything we've always tried to find with that reification.